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As you read each day,
 pick a verse that jumps out
 at you, and **SOAP** it.

THE SOAP METHOD

The **SOAP method** is a unique and organized way to study the Bible. This method encourages us to dig deeper into Scripture. The word "SOAP" is an acronym that stands for **Scripture, Observation, Application, and Prayer**. Using these four key terms we will teach you what each one means and how to apply them in your time in God's Word.

- S** **SCRIPTURE**
Physically write out the Bible verse.
- You'll be amazed at what God reveals when you slow down and write what you are reading!
 - Look for key cross-references.
- O** **OBSERVATION**
What do you see in the verses you're reading?
- Who is the audience?
 - Is there a repetition of words?
 - What words stand out to you?
 - What is the main lesson or theme?
- A** **APPLICATION**
When God's Word becomes personal
- What is God saying to me today?
 - How can I apply what I just read to my life?
 - Are there any changes I need to make?
- P** **PRAYER**
Pray God's Word back to Him.
- If He has revealed something to you during this time in His Word, pray about it.
 - Confess any sins he has revealed to you.
 - Take time to thank Him for His goodness in your life.

Before you read God's Word today, ask for His help by praying these 5 prayers:

1. God, give me wisdom, knowledge, and understanding.
2. Let any knowledge I gain help me love You and others more, and not puff me up.
3. Help me see something new about You that I've never seen before.
4. Correct any lies I believe about You or anything I misunderstand.
5. Direct my steps according to Your Word. Amen.



THE BIBLE RECAP

FIRSTNORTH

*"Your word is a lamp to my feet and a light to my path."
 — Psalm 119:105*



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 AT [FIRSTNORTH.ORG/RECAP](https://firstnorth.org/recap)

I AM COMMITTED TO DO THIS PLAN WITH